

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Frísvimjing (25) Persóligt met: 01:54.69 AQUA stig: 650 Dagfest: 2023-12-03 Stevna: Nordic Championships

Tíð	AQUA	Umfar	Dagfest	Stevna
02:15.82	391	Finala	2020-05-30	ABMS 2020
02:13.87	408	Finala	2020-09-12	HS Open
02:10.41	442	Finala	2020-11-01	Ægir Open 31-10-2020
02:10.39	442	Finala	2020-11-15	JM-FM á Stuttgeil 2020
02:10.45	442	Finala	2020-11-15	JM-FM á Stuttgeil 2020
02:04.83	504	Finala	2021-03-14	HS Open 13 - 14 mars 2021
02:04.36	510	Finala	2021-05-23	HS Open 22. og 23. mai 2021
02:02.84	529	Finala	2021-11-14	JM-FM á Stuttgeil 2021
02:01.75	543	Finala	2021-11-14	JM-FM á Stuttgeil 2021
02:00.38	562	Finala	2021-12-05	Nordic Swimming Championships 2021
01:58.71	586	Finala	2022-02-20	Ægir Open - Februar 2022
01:58.15	594	Finala	2022-03-12	HS Open 12.-13 mars 2022
02:02.05	539	Finala	2022-09-10	HS Open 10.-11. sept. 2022
01:57.12	610	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
01:59.60	573	Finala	2022-11-13	JM-FM á Stuttgeil 2022
02:01.20	551	Finala	2022-11-13	JM-FM á Stuttgeil 2022
01:58.32	592	Finala	2022-12-12	Nordic Championships
01:59.52	574	Finala	2023-04-15	Atlantic Open 2023
01:55.57	635	Finala	2023-10-21	Ægir Open októbur 2023
01:57.48	605	Finala	2023-11-12	JM-FM á Stuttgeil 2023