

Heini Mohr Askham

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Bringusvimjing (25) Persóligt met: 01:05.86 AQUA stig: 591 Dagfest: 2023-11-11 Stevna: JM-FM á Stuttgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
01:05.86	591	Finala	2023-11-11	JM-FM á Stuttgeil 2023
01:06.67	570	Finala	2024-02-17	Ægir Open
01:07.22	556	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
01:08.04	536	Finala	2023-12-01	Nordic Championships
01:08.23	531	Finala	2023-02-18	Ægir Open
01:11.63	461	Finala	2022-03-12	HS Open 12.-13 mars 2022
01:12.69	439	Finala	2024-04-25	HS Flaggdags-sprint
01:13.33	428	Finala	2022-09-10	HS Open 10.-11. sept. 2022
01:15.70	396	Finala	2021-02-21	Ægir Open - Februar 2021
01:18.52	355	Finala	2020-11-14	JM-FM á Stuttgeil 2020
01:19.62	340	Finala	2020-10-31	Ægir Open 31-10-2020
01:20.20	327	Finala	2023-11-11	JM-FM á Stuttgeil 2023