

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:24.68 AQUA stig: 545 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
00:29.47	323	Finala	2020-11-14	JM-FM á Stuttgeil 2020
00:25.09	518	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:26.68	431	Finala	2022-05-14	ABMS 2022
00:27.03	414	Finala	2021-11-13	JM-FM á Stuttgeil 2021
00:26.14	458	Finala	2022-02-19	Ægir Open - Februar 2022
00:25.56	490	Finala	2023-04-15	Atlantic Open 2023
00:25.75	479	Finala	2022-11-12	JM-FM á Stuttgeil 2022
00:25.84	474	Finala	2022-11-27	Køge Open 2022
00:25.82	475	Finala	2023-02-18	Ægir Open
00:26.72	429	Finala	2022-02-20	Ægir Open - Februar 2022
00:26.68	431	Finala	2022-05-14	ABMS 2022
00:31.61	262	Finala	2020-05-30	ABMS 2020
00:25.85	474	Finala	2022-10-21	Ægir Open 22. og 23. oktober 2022
00:25.83	475	Finala	2022-11-05	ABMS-Sprint 2022
00:24.68	545	Finala	2024-02-17	Ægir Open
00:25.43	498	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:25.26	508	Finala	2023-10-22	Ægir Open oktober 2023
00:25.26	508	Finala	2023-04-15	Atlantic Open 2023
00:25.09	518	Finala	2023-12-16	SMS Jólasprint
00:25.09	518	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023