

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 00:52.22 AQUA stig: 633 Dagfest: 2024-02-17 Stevna: Ægir Open

Tíð	AQUA	Umfar	Dagfest	Stevna
01:12.98	233	Finala	2020-05-30	ABMS 2020
01:10.00	264	Finala	2020-10-03	Ægir Open - Oktober 2020
01:07.53	294	Finala	2020-09-12	HS Open
01:06.00	315	Finala	2020-10-31	Ægir Open 31-10-2020
01:03.40	356	Finala	2020-11-13	JM-FM á Stuttgeil 2020
01:00.51	406	Finala	2022-09-10	HS Open 10.-11. sept. 2022
01:00.49	407	Finala	2023-11-10	JM-FM á Stuttgeil 2023
01:00.17	416	Finala	2021-03-13	HS Open 13 - 14 mars 2021
01:00.02	419	Finala	2021-03-20	Flot/FS/Reysti-stevna
00:59.70	426	Finala	2022-05-15	ABMS 2022
00:59.56	429	Finala	2021-05-01	ABMS 2021
00:59.05	440	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:58.28	458	Finala	2021-09-25	HS-stevna í Gundadali fyri bólkarnar 1-4
00:58.29	458	Finala	2021-11-12	JM-FM á Stuttgeil 2021
00:57.10	487	Finala	2022-05-15	ABMS 2022
00:57.08	488	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:56.96	491	Finala	2022-02-19	Ægir Open - Februar 2022
00:55.51	527	Finala	2023-11-10	JM-FM á Stuttgeil 2023
00:55.44	529	Finala	2022-10-21	Ægir Open 22. og 23. oktobur 2022
00:55.39	530	Finala	2022-11-26	Køge Open 2022