

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Frísvimjing (25) Persóligt met: 01:51.41 AQUA stig: 709 Dagfest: 2023-12-03 Stevna: Nordic Championships

Tíð	AQUA	Umfar	Dagfest	Stevna
01:51.41	709	Finala	2023-12-03	Nordic Championships
01:54.43	654	Finala	2023-10-21	Ægir Open októbur 2023
01:56.30	623	Finala	2023-03-19	HS Open 18.-19. mars 2023
01:56.62	618	Finala	2023-04-15	Atlantic Open 2023
01:57.09	611	Finala	2022-12-12	Nordic Championships
01:57.31	607	Finala	2023-12-03	Nordic Championships
01:57.35	607	Finala	2022-11-13	JM-FM á Stuttgeil 2022
01:58.03	596	Finala	2022-11-25	Køge Open 2022
01:59.78	570	Finala	2022-03-12	HS Open 12.-13 mars 2022
02:01.21	550	Finala	2022-02-20	Ægir Open - Februar 2022
02:03.31	523	Finala	2022-11-13	JM-FM á Stuttgeil 2022
02:04.46	508	Finala	2021-11-14	JM-FM á Stuttgeil 2021
02:05.28	499	Finala	2021-11-14	JM-FM á Stuttgeil 2021
02:05.90	491	Finala	2022-05-14	ABMS 2022
02:06.53	484	Finala	2021-09-12	HS Open 11 - 12 sept. 2021
02:08.20	465	Finala	2022-05-14	ABMS 2022
02:08.81	459	Finala	2022-09-10	HS Open 10.-11. sept. 2022
02:11.24	434	Finala	2021-02-20	Ægir Open - Februar 2021
02:15.90	390	Finala	2021-04-30	ABMS 2021
02:23.19	334	Finala	2020-11-15	JM-FM á Stuttgeil 2020