

## Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Frísvimjing (25) Persóligt met: 01:51.41 AQUA stig: 709 Dagfest: 2023-12-03 Stevna: Nordic Championships

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                     |
|----------|------|--------|------------|----------------------------|
| 02:23.19 | 334  | Finala | 2020-11-15 | JM-FM á Stuttgeil 2020     |
| 01:51.41 | 709  | Finala | 2023-12-03 | Nordic Championships       |
| 02:05.28 | 499  | Finala | 2021-11-14 | JM-FM á Stuttgeil 2021     |
| 01:57.09 | 611  | Finala | 2022-12-12 | Nordic Championships       |
| 02:08.20 | 465  | Finala | 2022-05-14 | ABMS 2022                  |
| 02:03.31 | 523  | Finala | 2022-11-13 | JM-FM á Stuttgeil 2022     |
| 02:05.90 | 491  | Finala | 2022-05-14 | ABMS 2022                  |
| 01:57.31 | 607  | Finala | 2023-12-03 | Nordic Championships       |
| 01:54.43 | 654  | Finala | 2023-10-21 | Ægir Open októbur 2023     |
| 01:56.62 | 618  | Finala | 2023-04-15 | Atlantic Open 2023         |
| 01:56.30 | 623  | Finala | 2023-03-19 | HS Open 18.-19. mars 2023  |
| 01:58.03 | 596  | Finala | 2022-11-25 | Køge Open 2022             |
| 01:57.35 | 607  | Finala | 2022-11-13 | JM-FM á Stuttgeil 2022     |
| 02:08.81 | 459  | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022 |
| 02:35.75 | 259  | Finala | 2020-05-30 | ABMS 2020                  |
| 01:59.78 | 570  | Finala | 2022-03-12 | HS Open 12.-13 mars 2022   |
| 02:01.21 | 550  | Finala | 2022-02-20 | Ægir Open - Februar 2022   |
| 02:04.46 | 508  | Finala | 2021-11-14 | JM-FM á Stuttgeil 2021     |
| 02:06.53 | 484  | Finala | 2021-09-12 | HS Open 11 - 12 sept. 2021 |
| 02:15.90 | 390  | Finala | 2021-04-30 | ABMS 2021                  |