

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persóligt met: 00:28.58 AQUA stig: 462 Dagfest: 2023-11-11 Stevna: JM-FM á Stuttgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:28.58	462	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:28.65	459	Finala	2023-07-10	International Island Games Guernsey
00:28.69	457	Finala	2023-07-10	International Island Games Guernsey
00:29.01	449	Finala	2022-11-27	Køge Open 2022
00:29.05	440	Finala	2023-12-16	SMS Jólasprint
00:29.43	430	Finala	2022-11-12	JM-FM á Stuttgeil 2022
00:29.49	427	Finala	2022-11-27	Køge Open 2022
00:29.54	425	Finala	2022-10-21	Ægir Open 22. og 23. oktobur 2022
00:29.55	425	Finala	2023-02-18	Ægir Open
00:29.80	408	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:30.26	395	Finala	2022-11-12	JM-FM á Stuttgeil 2022
00:30.30	394	Finala	2021-11-13	JM-FM á Stuttgeil 2021
00:30.34	392	Finala	2022-02-20	Ægir Open - Februar 2022
00:30.44	388	Finala	2022-02-19	Ægir Open - Februar 2022
00:30.44	388	Finala	2022-11-05	ABMS-Sprint 2022
00:30.76	376	Finala	2022-05-15	ABMS 2022
00:30.86	373	Finala	2022-05-15	ABMS 2022
00:30.96	369	Finala	2022-02-19	Ægir Open - Februar 2022
00:31.23	360	Finala	2021-11-13	JM-FM á Stuttgeil 2021
00:31.42	353	Finala	2022-09-10	HS Open 10.-11. sept. 2022