

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Ryggsvimjing (25) Persóligt met: 01:00.55 AQUA stig: 508 Dagfest: 2023-11-12 Stevna: JM-FM á Stuttgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
01:00.55	508	Finala	2023-11-12	JM-FM á Stuttgeil 2023
01:00.69	505	Finala	2023-07-12	International Island Games Guernsey
01:00.86	500	Finala	2023-11-12	JM-FM á Stuttgeil 2023
01:01.16	493	Finala	2023-10-21	Ægir Open októbur 2023
01:01.28	490	Finala	2023-10-01	HS Open 30. sept - 1. okt. 2023
01:01.30	490	Finala	2023-07-12	International Island Games Guernsey
01:01.85	477	Finala	2024-02-18	Ægir Open
01:02.03	472	Finala	2022-11-26	Køge Open 2022
01:02.25	467	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
01:02.36	465	Finala	2023-07-13	International Island Games Guernsey
01:02.86	454	Finala	2023-11-12	JM-FM á Stuttgeil 2023
01:02.91	453	Finala	2022-11-13	JM-FM á Stuttgeil 2022
01:03.63	438	Finala	2022-11-05	ABMS-Sprint 2022
01:04.28	425	Finala	2022-11-26	Køge Open 2022
01:04.97	411	Finala	2022-12-11	Nordic Championships
01:05.33	404	Finala	2023-11-12	JM-FM á Stuttgeil 2023
01:06.46	384	Finala	2021-11-14	JM-FM á Stuttgeil 2021
01:07.44	368	Finala	2022-11-13	JM-FM á Stuttgeil 2022
01:07.61	365	Finala	2022-09-10	HS Open 10.-11. sept. 2022
01:08.02	358	Finala	2022-05-14	ABMS 2022