

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Ryggsvimjing (50) Persóligt met: 01:03.43 AQUA stig: 538 Dagfest: 2024-05-11 Stevna: FM & JM á langgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:03.43	538	Finala	2024-05-11	FM & JM á langgeil 2024
01:04.80	504	Finala	2024-01-13	SuSvim Open jan 2024
01:04.80	504	Finala	2023-05-20	SuSvim Open Mai 2023
01:04.97	500	Finala	2024-05-10	FM & JM á langgeil 2024
01:05.16	496	Finala	2023-08-13	European Under 23 Championships
01:06.34	470	Finala	2023-06-17	JM-FM á Langgeil 2023
01:06.65	464	Finala	2023-06-17	JM-FM á Langgeil 2023
01:07.78	447	Finala	2022-04-24	Atlantic Open 2022
01:07.80	447	Finala	2022-07-09	Nordic Age Group Championships 2022
01:08.78	428	Finala	2022-06-05	JM-FM á Langgeil 2022
01:09.63	412	Finala	2021-07-10	JM-FM á Langgeil 2021
01:10.16	403	Finala	2021-06-12	Atlantic Open 2021
01:11.66	378	Finala	2021-07-10	JM-FM á Langgeil 2021
01:11.78	376	Finala	2021-06-12	Atlantic Open 2021
01:12.06	372	Finala	2021-07-09	JM-FM á Langgeil 2021
01:13.21	355	Finala	2022-06-05	JM-FM á Langgeil 2022
01:13.41	352	Finala	2021-07-09	JM-FM á Langgeil 2021
01:14.30	339	Finala	2021-04-10	SuSvim Open Apríl 2021
01:15.69	321	Finala	2021-02-06	SuSvim Open Feb 2021
01:20.88	259	Finala	2024-05-11	FM & JM á langgeil 2024