

Liggjas Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Ryggsvimjing (25) Persóligt met: 02:09.52 AQUA stig: 542 Dagfest: 2023-11-10 Stevna: JM-FM á Stuttgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
02:09.52	542	Finala	2023-11-10	JM-FM á Stuttgeil 2023
02:13.32	497	Finala	2022-11-11	JM-FM á Stuttgeil 2022
02:14.00	489	Finala	2022-03-12	HS Open 12.-13 mars 2022
02:16.08	467	Finala	2022-11-25	Køge Open 2022
02:18.62	442	Finala	2022-02-19	Ægir Open - Februar 2022
02:19.91	430	Finala	2021-11-12	JM-FM á Stuttgeil 2021
02:23.19	401	Finala	2022-09-10	HS Open 10.-11. sept. 2022
02:23.69	397	Finala	2022-11-11	JM-FM á Stuttgeil 2022
02:28.52	359	Finala	2023-11-10	JM-FM á Stuttgeil 2023
02:28.89	357	Finala	2021-05-02	ABMS 2021
02:29.80	350	Finala	2021-11-12	JM-FM á Stuttgeil 2021
02:32.22	334	Finala	2022-05-15	ABMS 2022
02:38.97	293	Finala	2020-11-01	Ægir Open 31-10-2020
02:40.55	284	Finala	2020-10-03	Ægir Open - Oktober 2020
03:06.93	180	Finala	2020-05-30	ABMS 2020