

Róa Tryg vadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Bringusvimjing (50) Persóligt met: 00:36.28 AQUA stig: 519 Dagfest: 2024-05-12 Stevna: FM & JM á langgeil 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
00:43.82	302	Finala	2020-07-05	JM-FM á Langgeil 2020
00:40.90	371	Finala	2021-06-13	Atlantic Open 2021
00:40.07	394	Finala	2021-07-11	JM-FM á Langgeil 2021
00:38.30	447	Finala	2022-04-25	Atlantic Open 2022
00:38.27	448	Finala	2022-06-06	JM-FM á Langgeil 2022
00:37.31	484	Finala	2023-06-18	JM-FM á Langgeil 2023
00:37.11	485	Finala	2024-05-12	FM & JM á langgeil 2024
00:40.99	368	Finala	2021-04-10	SuSvim Open Apríl 2021
00:41.97	343	Finala	2021-06-13	Atlantic Open 2021
00:40.10	394	Finala	2021-07-11	JM-FM á Langgeil 2021
00:38.15	453	Finala	2022-04-02	SuSvim Open apríl 2022
00:37.78	466	Finala	2022-04-25	Atlantic Open 2022
00:38.14	453	Finala	2022-06-06	JM-FM á Langgeil 2022
00:37.72	468	Finala	2023-05-20	SuSvim Open Mai 2023
00:36.63	511	Finala	2024-01-13	SuSvim Open jan 2024
00:36.28	519	Finala	2024-05-12	FM & JM á langgeil 2024