

Róa Trygvadóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persóligt met: 00:32.60 AQUA stig: 465 Dagfest: 2023-04-14 Stevna: Atlantic Open 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:35.53	377	Finala	2021-02-21	Ægir Open - Februar 2021
00:36.22	355	Finala	2021-05-01	ABMS 2021
00:34.21	403	Finala	2023-02-18	Ægir Open
00:32.60	465	Finala	2023-04-14	Atlantic Open 2023
00:32.72	460	Finala	2023-04-15	Atlantic Open 2023