

## Rúni Dahl

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Blandað (25) Persóligt met: 02:27.62 AQUA stig: 409 Dagfest: 2021-03-13 Stevna: HS Open 13 - 14 mars 2021

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                     |
|----------|------|--------|------------|----------------------------|
| 02:27.62 | 409  | Finala | 2021-03-13 | HS Open 13 - 14 mars 2021  |
| 02:27.85 | 407  | Finala | 2021-02-21 | Ægir Open - Februar 2021   |
| 02:28.06 | 405  | Finala | 2021-09-11 | HS Open 11 - 12 sept. 2021 |
| 02:28.91 | 399  | Finala | 2020-11-13 | JM-FM á Stuttgeil 2020     |
| 02:29.04 | 397  | Finala | 2021-11-12 | JM-FM á Stuttgeil 2021     |
| 02:32.36 | 372  | Finala | 2020-11-01 | Ægir Open 31-10-2020       |
| 02:33.41 | 364  | Finala | 2020-11-13 | JM-FM á Stuttgeil 2020     |
| 02:36.04 | 346  | Finala | 2021-11-12 | JM-FM á Stuttgeil 2021     |