

Róland Toftum

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (50) Persóligt met: 00:25.35 AQUA stig: 561 Dagfest: 2023-05-20 Stevna: SuSvim Open Mai 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:25.63	543	Finala	2020-07-05	JM-FM á Langgeil 2020
00:27.49	440	Finala	2022-04-24	Atlantic Open 2022
00:25.35	561	Finala	2023-05-20	SuSvim Open Mai 2023
00:25.75	535	Finala	2021-02-06	SuSvim Open Feb 2021
00:28.22	406	Finala	2022-04-25	Atlantic Open 2022