

Róland Toftum

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Firvald (50) Persóligt met: 00:25.79 AQUA stig: 643 Dagfest: 2020-07-04 Stevna: JM-FM á Langgeil 2020

Tíð	AQUA	Umfar	Dagfest	Stevna
00:28.76	464	Finala	2020-07-04	JM-FM á Langgeil 2020
00:28.16	494	Finala	2021-07-10	JM-FM á Langgeil 2021
00:27.24	546	Finala	2022-04-25	Atlantic Open 2022
00:27.15	551	Finala	2022-06-05	JM-FM á Langgeil 2022
00:27.06	557	Finala	2022-04-25	Atlantic Open 2022
00:26.80	573	Finala	2021-04-10	SuSvim Open Apríl 2021
00:26.57	588	Finala	2022-07-02	FM fyri lið 2022
00:26.17	616	Finala	2021-07-10	JM-FM á Langgeil 2021
00:25.93	633	Finala	2022-06-05	JM-FM á Langgeil 2022
00:25.79	643	Finala	2020-07-04	JM-FM á Langgeil 2020