

Alisa Vestergård

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (50) Persóligt met: 00:59.58 AQUA stig: 653 Dagfest: 2021-06-12 Stevna: Atlantic Open 2021

Tíð	AQUA	Umfar	Dagfest	Stevna
01:15.60	320	Finala	2023-06-18	JM-FM á Langgeil 2023
01:05.58	490	Finala	2021-07-10	JM-FM á Langgeil 2021
01:05.40	494	Finala	2022-06-05	JM-FM á Langgeil 2022
01:02.90	555	Finala	2022-04-23	Atlantic Open 2022
01:02.55	564	Finala	2024-01-13	SuSvim Open jan 2024
01:02.54	565	Finala	2021-06-11	Atlantic Open 2021
01:02.39	569	Finala	2023-06-17	JM-FM á Langgeil 2023
01:01.99	580	Finala	2021-02-06	SuSvim Open Feb 2021
01:01.56	592	Finala	2023-05-20	SuSvim Open Mai 2023
01:01.57	592	Finala	2020-07-04	JM-FM á Langgeil 2020
01:01.53	593	Finala	2020-07-04	JM-FM á Langgeil 2020
01:00.96	610	Finala	2022-04-01	Bergen Swim Festival
01:00.95	610	Finala	2023-01-14	SuSvim Open Jan 2023
01:00.93	611	Finala	2022-01-30	Reykjavik International Games
01:00.75	616	Finala	2024-05-11	FM & JM á langgeil 2024
01:00.64	620	Finala	2022-01-30	Reykjavik International Games
01:00.57	622	Finala	2021-07-10	JM-FM á Langgeil 2021
01:00.53	623	Finala	2022-06-05	JM-FM á Langgeil 2022
01:00.36	628	Finala	2023-08-13	European Under 23 Championships
01:00.33	629	Finala	2024-01-28	Reykjavík International Games - Swim Meet 2024