

## Alisa Vestergård

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Frísvimjing (25) Persóligt met: 02:04.29 AQUA stig: 699 Dagfest: 2023-07-10 Stevna: International Island Games Guernsey

| Tíð      | AQUA | Umfar  | Dagfest    | Stevna                              |
|----------|------|--------|------------|-------------------------------------|
| 02:04.29 | 699  | Finala | 2023-07-10 | International Island Games Guernsey |
| 02:06.79 | 658  | Finala | 2023-11-12 | JM-FM á Stuttgeil 2023              |
| 02:06.92 | 656  | Finala | 2023-07-10 | International Island Games Guernsey |
| 02:07.04 | 654  | Finala | 2023-10-21 | Ægir Open októbur 2023              |
| 02:07.30 | 650  | Finala | 2023-04-15 | Atlantic Open 2023                  |
| 02:07.68 | 646  | Finala | 2022-03-12 | HS Open 12.-13 mars 2022            |
| 02:08.11 | 638  | Finala | 2022-09-10 | HS Open 10.-11. sept. 2022          |
| 02:08.16 | 639  | Finala | 2021-05-23 | HS Open 22. og 23. maí 2021         |
| 02:08.50 | 634  | Finala | 2021-11-14 | JM-FM á Stuttgeil 2021              |
| 02:08.51 | 632  | Finala | 2022-12-11 | Nordic Championships                |
| 02:08.68 | 632  | Finala | 2021-03-14 | HS Open 13 - 14 mars 2021           |
| 02:09.71 | 615  | Finala | 2023-11-12 | JM-FM á Stuttgeil 2023              |
| 02:10.72 | 600  | Finala | 2023-09-30 | HS Open 30. sept - 1. okt. 2023     |
| 02:10.81 | 601  | Finala | 2021-12-04 | Nordic Swimming Championships 2021  |
| 02:10.98 | 599  | Finala | 2020-11-01 | Ægir Open 31-10-2020                |
| 02:11.01 | 598  | Finala | 2021-09-12 | HS Open 11 - 12 sept. 2021          |
| 02:11.34 | 594  | Finala | 2020-09-12 | HS Open                             |
| 02:12.14 | 583  | Finala | 2020-11-15 | JM-FM á Stuttgeil 2020              |
| 02:12.28 | 581  | Finala | 2021-12-03 | Nordic Swimming Championships 2021  |
| 02:13.70 | 561  | Finala | 2023-03-19 | HS Open 18.-19. mars 2023           |