

Alisa Vestergård

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 200m Frísvimjing (50) Persóligt met: 02:10.92 AQUA stig: 642 Dagfest: 2023-06-16 Stevna: JM-FM á Langgeil 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
02:26.31	460	Finala	2021-07-09	JM-FM á Langgeil 2021
02:22.00	501	Finala	2024-05-10	FM & JM á langgeil 2024
02:21.71	506	Finala	2020-07-03	JM-FM á Langgeil 2020
02:20.01	525	Finala	2023-06-16	JM-FM á Langgeil 2023
02:19.79	527	Finala	2022-06-04	JM-FM á Langgeil 2022
02:17.12	559	Finala	2021-06-13	Atlantic Open 2021
02:16.95	561	Finala	2020-07-03	JM-FM á Langgeil 2020
02:16.44	567	Finala	2021-02-07	SuSvim Open Feb 2021
02:16.31	569	Finala	2022-04-02	Bergen Swim Festival
02:16.10	572	Finala	2022-04-25	Atlantic Open 2022
02:15.27	582	Finala	2021-07-09	JM-FM á Langgeil 2021
02:14.97	586	Finala	2022-01-29	Reykjavik International Games
02:14.07	598	Finala	2021-04-10	SuSvim Open Apríl 2021
02:13.81	601	Finala	2023-01-28	Reykjavik International Games - Swim Meet
02:13.53	605	Finala	2023-01-28	Reykjavik International Games - Swim Meet
02:13.44	606	Finala	2023-04-03	Danish Open 2023
02:13.25	607	Finala	2024-05-10	FM & JM á langgeil 2024
02:13.16	610	Finala	2022-01-29	Reykjavik International Games
02:12.97	613	Finala	2024-01-14	SuSvim Open jan 2024
02:12.35	622	Finala	2023-05-21	SuSvim Open Mai 2023