

Alisa Vestergård

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persóligt met: 00:30.38 AQUA stig: 575 Dagfest: 2023-04-14 Stevna: Atlantic Open 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:31.84	519	Finala	2022-02-19	Ægir Open - Februar 2022
00:31.76	528	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:31.72	525	Finala	2021-11-14	JM-FM á Stuttgeil 2021
00:31.68	527	Finala	2022-02-20	Ægir Open - Februar 2022
00:31.53	539	Finala	2021-05-22	HS Open 22. og 23. mai 2021
00:31.41	520	Finala	2023-02-18	Ægir Open
00:31.20	552	Finala	2021-11-14	JM-FM á Stuttgeil 2021
00:31.19	557	Finala	2021-03-13	HS Open 13 - 14 mars 2021
00:31.15	533	Finala	2023-04-15	Atlantic Open 2023
00:31.13	560	Finala	2020-11-15	JM-FM á Stuttgeil 2020
00:30.94	566	Finala	2022-02-19	Ægir Open - Februar 2022
00:30.86	575	Finala	2020-11-15	JM-FM á Stuttgeil 2020
00:30.77	553	Finala	2022-11-13	JM-FM á Stuttgeil 2022
00:30.53	567	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:30.51	568	Finala	2022-11-13	JM-FM á Stuttgeil 2022
00:30.38	575	Finala	2023-04-14	Atlantic Open 2023