

Jonna Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (50) Persóligt met: 00:28.54 AQUA stig: 570 Dagfest: 2023-04-04 Stevna: Danish Open 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:30.15	483	Finala	2020-07-05	JM-FM á Langgeil 2020
00:30.08	487	Finala	2021-06-12	Atlantic Open 2021
00:30.02	490	Finala	2021-07-11	JM-FM á Langgeil 2021
00:29.87	493	Finala	2024-05-12	FM & JM á langgeil 2024
00:29.94	494	Finala	2022-06-06	JM-FM á Langgeil 2022
00:29.89	496	Finala	2021-04-10	SuSvim Open Apríl 2021
00:29.78	502	Finala	2021-02-06	SuSvim Open Feb 2021
00:29.67	507	Finala	2022-06-06	JM-FM á Langgeil 2022
00:29.63	509	Finala	2023-01-14	SuSvim Open Jan 2023
00:29.54	510	Finala	2024-05-12	FM & JM á langgeil 2024
00:29.54	514	Finala	2024-01-13	SuSvim Open jan 2024
00:29.51	516	Finala	2020-07-05	JM-FM á Langgeil 2020
00:29.44	519	Finala	2023-06-18	JM-FM á Langgeil 2023
00:29.37	523	Finala	2023-01-27	Reykjavik International Games - Swim Meet
00:29.34	525	Finala	2023-06-18	JM-FM á Langgeil 2023
00:29.11	533	Finala	2024-03-16	SuSvim Open mars 2024
00:29.12	537	Finala	2023-05-20	SuSvim Open Mai 2023
00:29.10	538	Finala	2021-06-13	Atlantic Open 2021
00:28.76	557	Finala	2023-06-10	Icelandic Summer Meet 2023 - SMÍ
00:28.54	570	Finala	2023-04-04	Danish Open 2023