

Jonna Joensen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Blandað (50) Persóligt met: 05:36.78 AQUA stig: 494 Dagfest: 2021-06-11 Stevna: Atlantic Open 2021

Tíð	AQUA	Umfar	Dagfest	Stevna
05:36.78	494	Finala	2021-06-11	Atlantic Open 2021
05:37.57	491	Finala	2021-07-10	JM-FM á Langgeil 2021
05:40.67	477	Finala	2022-04-01	Bergen Swim Festival
05:40.85	477	Finala	2021-07-10	JM-FM á Langgeil 2021
05:42.96	468	Finala	2023-06-17	JM-FM á Langgeil 2023
05:49.29	443	Finala	2023-06-17	JM-FM á Langgeil 2023