

Ólavur Winther Jákupsson

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:28.31 AQUA stig: 361 Dagfest: 2023-04-15 Stevna: Atlantic Open 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:42.54	107	Finala	2020-05-30	ABMS 2020
00:41.27	117	Finala	2020-09-13	HS Open
00:36.13	175	Finala	2021-03-13	HS Open 13 - 14 mars 2021
00:35.68	182	Finala	2021-04-17	HS-stevna í Gundadali fyri bólkarnar 1-4
00:33.44	219	Finala	2022-02-19	Ægir Open - Februar 2022
00:33.30	224	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:32.12	247	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:31.02	274	Finala	2022-05-14	ABMS 2022
00:30.98	275	Finala	2022-05-14	ABMS 2022
00:30.38	292	Finala	2022-11-05	ABMS-Sprint 2022
00:29.80	309	Finala	2024-04-25	HS Flaggdags-sprint
00:29.59	316	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:29.57	316	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:29.17	330	Finala	2023-02-18	Ægir Open
00:29.14	331	Finala	2023-10-22	Ægir Open októbur 2023
00:28.92	338	Finala	2023-04-15	Atlantic Open 2023
00:28.91	339	Finala	2022-11-12	JM-FM á Stuttgeil 2022
00:28.81	342	Finala	2023-12-16	SMS Jólasprint
00:28.67	347	Finala	2024-02-17	Ægir Open
00:28.62	349	Finala	2023-03-18	HS Open 18.-19. mars 2023