

Áki Eliassen

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 400m Frísvimjing (50) Persóligt met: 04:31.03 AQUA stig: 535 Dagfest: 2023-01-28 Stevna: Reykjavik International Games - Swim Meet

Tíð	AQUA	Umfar	Dagfest	Stevna
04:45.95	455	Finala	2021-06-12	Atlantic Open 2021
04:43.78	466	Finala	2022-04-02	SuSvim Open apríl 2022
04:40.65	482	Finala	2023-06-17	JM-FM á Langgeil 2023
04:40.36	483	Finala	2021-07-10	JM-FM á Langgeil 2021
04:38.56	493	Finala	2021-07-10	JM-FM á Langgeil 2021
04:37.61	498	Finala	2022-07-10	Nordic Age Group Championships 2022
04:35.29	510	Finala	2023-06-17	JM-FM á Langgeil 2023
04:32.50	526	Finala	2023-01-14	SuSvim Open Jan 2023
04:31.03	535	Finala	2023-01-28	Reykjavik International Games - Swim Meet