

Rakul J Højbro

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:36.37 AQUA stig: 250 Dagfest: 2024-04-25 Stevna: HS Flaggdags-sprint

Tíð	AQUA	Umfar	Dagfest	Stevna
00:36.37	250	Finala	2024-04-25	HS Flaggdags-sprint
00:36.41	249	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:36.62	245	Finala	2024-04-20	ABMS 2024
00:36.91	239	Finala	2023-10-21	Ægir Open októbur 2023
00:37.03	237	Finala	2023-12-16	SMS Jólasprint
00:37.43	229	Finala	2023-11-18	ABMS-Sprint 2023
00:37.47	229	Finala	2023-04-22	HS Stevna í Gundadali fyri bólík 1-4
00:37.58	227	Finala	2023-11-18	ABMS-Sprint 2023
00:38.27	215	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:38.40	212	Finala	2024-04-20	ABMS 2024
00:38.42	212	Finala	2023-05-06	ABMS 2023
00:39.33	198	Finala	2023-05-06	ABMS 2023
00:40.41	182	Finala	2023-02-18	Ægir Open
00:40.44	182	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:41.25	171	Finala	2022-11-27	Køge Open Herfølge
00:41.34	170	Finala	2022-11-05	ABMS-Sprint 2022
00:41.37	170	Finala	2022-05-14	ABMS 2022
00:41.44	169	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:43.61	145	Finala	2022-05-14	ABMS 2022
00:44.53	136	Finala	2021-09-11	HS Open 11 - 12 sept. 2021