

Rakul J Højbro

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:36.37 AQUA stig: 250 Dagfest: 2024-04-25 Stevna: HS Flaggdags-sprint

Tíð	AQUA	Umfar	Dagfest	Stevna
00:54.62	73	Finala	2020-10-31	Ægir Open 31-10-2020
00:52.39	83	Finala	2021-05-22	HS Open 22. og 23. mai 2021
00:51.37	88	Finala	2021-04-17	HS-stevna í Gundadali fyri bólkarnar 1-4
00:49.48	99	Finala	2021-05-02	ABMS 2021
00:49.25	100	Finala	2021-03-20	Flot/FS/Reysti-stevna
00:49.01	102	Finala	2021-02-21	Ægir Open - Februar 2021
00:48.39	106	Finala	2021-09-25	HS-stevna í Gundadali fyri bólkarnar 1-4
00:44.72	134	Finala	2022-03-12	HS Open 12.-13 mars 2022
00:44.53	136	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
00:43.61	145	Finala	2022-05-14	ABMS 2022
00:41.44	169	Finala	2022-10-21	Ægir Open 22. og 23. oktobur 2022
00:41.37	170	Finala	2022-05-14	ABMS 2022
00:41.34	170	Finala	2022-11-05	ABMS-Sprint 2022
00:41.25	171	Finala	2022-11-27	Køge Open Herfølge
00:40.44	182	Finala	2022-09-10	HS Open 10.-11. sept. 2022
00:40.41	182	Finala	2023-02-18	Ægir Open
00:39.33	198	Finala	2023-05-06	ABMS 2023
00:38.42	212	Finala	2023-05-06	ABMS 2023
00:38.40	212	Finala	2024-04-20	ABMS 2024
00:38.27	215	Finala	2023-03-18	HS Open 18.-19. mars 2023