

Rakul J Højbro

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Frísvimjing (25) Persóligt met: 01:17.89 AQUA stig: 268 Dagfest: 2024-04-25 Stevna: HS Flaggdags-sprint

Tíð	AQUA	Umfar	Dagfest	Stevna
01:58.00	77	Finala	2020-10-31	Ægir Open 31-10-2020
01:55.58	82	Finala	2021-05-01	ABMS 2021
01:54.06	85	Finala	2021-05-22	HS Open 22. og 23. mai 2021
01:49.79	95	Finala	2021-03-20	Flot/FS/Reysti-stevna
01:48.05	100	Finala	2021-09-11	HS Open 11 - 12 sept. 2021
01:41.16	122	Finala	2022-03-12	HS Open 12.-13 mars 2022
01:33.76	153	Finala	2022-05-15	ABMS 2022
01:33.34	156	Finala	2022-02-19	Ægir Open - Februar 2022
01:32.94	158	Finala	2022-05-15	ABMS 2022
01:31.49	165	Finala	2022-09-10	HS Open 10.-11. sept. 2022
01:28.33	184	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
01:28.06	185	Finala	2022-11-05	ABMS-Sprint 2022
01:27.36	190	Finala	2023-05-07	ABMS 2023
01:27.30	190	Finala	2023-05-07	ABMS 2023
01:26.94	193	Finala	2022-11-26	Køge Open Herfølge
01:26.38	196	Finala	2023-02-18	Ægir Open
01:26.32	197	Finala	2023-03-18	HS Open 18.-19. mars 2023
01:23.32	219	Finala	2023-12-16	SMS Jólasprint
01:22.86	223	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
01:21.94	230	Finala	2023-11-18	ABMS-Sprint 2023