

Rakul J Højbro

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 100m Blandað (25) Persóligt met: 01:32.28 AQUA stig: 229 Dagfest: 2024-04-21 Stevna: ABMS 2024

Tíð	AQUA	Umfar	Dagfest	Stevna
01:32.28	229	Finala	2024-04-21	ABMS 2024
01:34.13	216	Finala	2023-11-18	ABMS-Sprint 2023
01:34.33	214	Finala	2023-10-01	HS Open 30. sept - 1. okt. 2023
01:37.33	195	Finala	2023-10-21	Ægir Open októbur 2023
01:40.30	178	Finala	2023-02-18	Ægir Open
01:41.32	173	Finala	2023-05-07	ABMS 2023
01:41.85	170	Finala	2022-11-05	ABMS-Sprint 2022
01:46.25	150	Finala	2023-05-07	ABMS 2023
01:53.37	123	Finala	2021-09-25	HS-stevna í Gundadali fyri bólkarnar 1-4