

Jan Elias Høj

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:34.92 AQUA stig: 194 Dagfest: 2021-09-11 Stevna: HS Open 11 - 12 sept. 2021

Tíð	AQUA	Umfar	Dagfest	Stevna
00:39.94	130	Finala	2020-10-31	Ægir Open 31-10-2020
00:35.94	178	Finala	2021-02-21	Ægir Open - Februar 2021
00:36.23	174	Finala	2021-03-13	HS Open 13 - 14 mars 2021
00:37.56	156	Finala	2021-03-20	Flot/FS/Reysti-stevna
00:36.16	175	Finala	2021-04-17	HS-stevna í Gundadali fyri bólkarnar 1-4
00:35.78	181	Finala	2021-05-02	ABMS 2021
00:35.07	192	Finala	2021-05-22	HS Open 22. og 23. mai 2021
00:34.92	194	Finala	2021-09-11	HS Open 11 - 12 sept. 2021