

Lilja Lenvig Harrysdóttir

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Frísvimjing (25) Persóligt met: 00:30.50 AQUA stig: 424 Dagfest: 2023-12-16 Stevna: SMS Jólasprint

Tíð	AQUA	Umfar	Dagfest	Stevna
00:30.50	424	Finala	2023-12-16	SMS Jólasprint
00:30.89	409	Finala	2024-04-25	HS Flaggdags-sprint
00:30.97	405	Finala	2024-02-17	Ægir Open
00:31.04	403	Finala	2024-04-25	HS Flaggdags-sprint
00:31.18	397	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:31.49	386	Finala	2023-11-18	ABMS-Sprint 2023
00:31.66	379	Finala	2023-10-21	Ægir Open októbur 2023
00:31.66	379	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:31.80	374	Finala	2023-11-11	JM-FM á Stuttgeil 2023
00:31.97	368	Finala	2023-04-15	Atlantic Open 2023
00:32.13	363	Finala	2023-11-26	Køge Open 2023 - Køge
00:32.70	344	Finala	2023-03-18	HS Open 18.-19. mars 2023
00:32.78	342	Finala	2023-04-22	HS Stevna í Gundadali fyrri bólki 1-4
00:33.39	323	Finala	2023-05-06	ABMS 2023
00:33.59	318	Finala	2023-05-06	ABMS 2023
00:33.61	317	Finala	2023-05-06	ABMS 2023
00:33.72	314	Finala	2023-02-18	Ægir Open
00:34.38	296	Finala	2023-05-06	ABMS 2023
00:35.47	270	Finala	2022-10-21	Ægir Open 22. og 23. októbur 2022
00:35.81	262	Finala	2022-03-12	HS Open 12.-13 mars 2022