

Elias Í Lágabø

Vís útgreinaðar upplýsingar og persónlig met

Kapping: 50m Ryggsvimjing (25) Persóligt met: 00:46.28 AQUA stig: 109 Dagfest: 2023-11-18 Stevna: ABMS-Sprint 2023

Tíð	AQUA	Umfar	Dagfest	Stevna
00:46.28	109	Finala	2023-11-18	ABMS-Sprint 2023
00:47.57	100	Finala	2024-04-21	ABMS 2024
00:49.88	87	Finala	2023-09-30	HS Open 30. sept - 1. okt. 2023
00:51.56	80	Finala	2023-05-07	ABMS 2023
00:52.82	74	Finala	2023-05-07	ABMS 2023
01:00.98	48	Finala	2022-11-05	ABMS-Sprint 2022
01:03.04	43	Finala	2022-05-15	ABMS 2022
01:03.85	42	Finala	2021-05-01	ABMS 2021
01:04.88	40	Finala	2022-05-15	ABMS 2022